

# Carlow & Kilkenny Children & Young People's Services Committees

NOVEMBER 16, 2018 VOLUME 4, NUMBER 43

parent and toddler group @ Forward steps Tullow FRC Starting on Monday 12/11/18 @10am-12pm



To book Please Contact: 059-9152776







#### Parenting Learning Community Event

Venue: Fr. McGrath Family Resource Centre

Groups: Immigrant Services & Failte Isteach

Date: Wednesday 7 November 2018

Time: 10.00 a.m.

Information sharing about:-

accessible parenting advice & supports

> beginner's computer supports / training

> follow up community events / supports

Organised by Wendy Taylor - Parenting Support Champion, Kilkenny, 056 7751988 ext 2. https://www.tusla.ie/parenting-24-seven/







Newborns to Pre-school



provided with

Contact Ber 056-7723309

- Allows quality time with your child without the distraction of housework.
- Develops social skills for young children.
- . Enjoy a cup of tea and a chat while your child plays.

Tusla - Child and Family Agency: Prevention, Partnership & Family Support

## **Cyber Awareness Information Event**



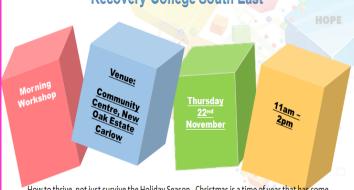


Date: Wednesday 21st November 2018, 9.15 - 13.00

Venue: The Education Centre, Seville Lodge, Callan Road, Kilkenny

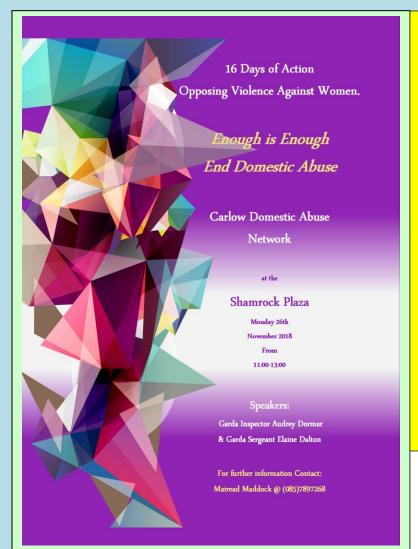
# "Coping with Christmas"

Recovery College South East



How to thrive, not just survive the Holiday Season. Christmas is a time of year that has come to mean many different things for different people, but often it's a difficult time with the family and financial problems it can bring. Whatever our spiritual background and however we feel about Christmas, we are surrounded by it! In this half day workshop we will support each other in looking at how we may be affected by the different aspects of the festival, including: personal values, money worries, relationships, loss, eating/drinking too much and facing the New Year, and developing a personal plan to help cope with Christmas

Contact: recoverycollegesoutheast@gmail.com Phone: 086 1746330/0567703666





# Carlow Local Sports Partnership Training & Education September - December 2018



Sports First Aid

Monday 12<sup>th</sup> & Monday 19<sup>th</sup> November

6.00pm – 10pm

I.T Carlow, Barrow Centre Room F209

To book a place on this course please contact the Carlow Local Sports Partnership at 059 9136205 or by email at scorrigan@carlowcoco.ie Places are limited and will be allocated on a first come first served basis. Courses are subsidised by Sport Ireland. Check out our social media pages at:

SPORT IRELAND

County Carlow Sports Partnership

@:wlsp



€50



Amber Kilkenny Women's Refuge

#### 'What Would You Do?'

Sarah Kearns, Outreach Worker from Amber Women's Refuge is conducting a series of workshops in FRCs in Carlow and Kilkenny throughout the 16 Days of Action against Violence against Women

Further information from Sarah: 056-7771404 <a href="mailto:kwrpoutreach@eircom.net">kwrpoutreach@eircom.net</a> helpline: 1850 424244



#### TAKE YOUR FIRST STEP TOWARDS FREEDOM



Starting in Kilkenny in October 2018

Freedom Programme Women's

Support Group

Are you or have you been living with an abuser?

12-week programme is open to women 18+ who want to learn more about the reality of domestic violence and abuse in relationships. Each session runs for 2 hours per week and explores the abusive tactics, controlling behaviours and belief systems of the abuser and the effects on our health and well-being.

As it is a rolling programme you can start the programme at any point and can catch up on any missed sessions when they are repeated. We never give advice or tell a woman she should leave and we don't ask intrusive questions of your experience.

We understand how hard it can be to attend a programme for the first time which is why we can arrange to meet you beforehand to explain the programme and answer any questions you may have.

If you are interested in booking a place or finding out more information please contact Sarah Kearns on 056-777 1404



in 5 Females in Ireland will suffer Domestic Abuse in heir Lifetime

TÜSLA

Service funded by Child & Family Agency & Victims of Crime.



## Invitation: Home Works Study Research dissemination and discussion event

When: Thursday 29th November 2018, 6pm to 8pm

Where: Seamus Heaney Lecture Theatre (G114) DCU Institute of Education, St. Patricks

Campus, Drumcondra, Dublin 9.

ho: Parents, students, teachers and professionals working alongside families experiencing

homelessness

The Home Works study, commissioned by the Children's Rights Alliance, and completed by Dr Ger Scanlon and Grainne McKenna from the DCU Institute of Education, provides insights into the educational experiences of children living in homeless accommodation by investigating the efforts of parents, teachers and school principals to respond to the needs of children and families within their school communities.

#### Agenda:

Welcome address : Dr. Anne Looney, Executive Dean, Institute of Education

- From evidence to advocacy: Saoirse Brady, Legal and Policy Director, Children's Rights Alliance
- 'Through the Cracks'; a short documentary exploring the challenges faced by families living in emergency accommodation
- Home Works, presentation of key findings: Dr. Ger Scanlon and Grainne McKenna
   The Scanlon and
- Response and panel discussion: led by Fergus Finlay with contributions from study participants

Closing Remarks: Dr. Ger Scanl



#### Carlow County Childcare Committee

8 mins - 6

Minister for Children & Youth Affairs Katherine Zappone TD to launch the first ever national strategy for children from birth to age five. Big reveal-Ireland's first ever strategy for babies and young children is a 10-year vision for all children aged 0-5 and their parents .... six days to launch!



A Whole-of-Government Strategy for Babies, Young Children and their Families 2019-2028





**Further information** Tomás Kinsella Community Sports Development Officer County Carlow Local Sports Partnership Town Hall Centaur Street Carlow

Office: 059 9172472 Mob: 087 0950237 email: tomaskinsella@carlowcoco.ie



#### Rape survivor begs court to show victims 'some respect'

https://www.irishexaminer.com/breakingnews/ireland/rape-survivor-begs-court-toshow-victims-some-respect-884963.html

## Group representing sex workers criticises

**new report** https://www.b<u>reakingnews.ie/ireland/latest-group-representing-</u> sex-workers-criticises-new-report-885018.html

#### Alcohol Awareness Week: How to talk to your children about alcohol

https://www.irishexaminer.com/breakingnews/lifestyle/alcohol-awareness-week-howto-talk-to-your-children-about-alcohol-884834.html

#### High-calorie milkshakes should be banned, say sugar campaigners

https://www.belfasttelegraph.co.uk/news/uk/highcalorie-milkshakes-should-bebanned-say-sugar-campaigners-37522805.html

#### Gardaí concerned training cancellations will delay opening of more sex crime units

https://www.irishtimes.com/news/crime-and-law/garda%C3%AD-concerned-trainingcancellations-will-delay-opening-of-more-sex-crime-units-1.3694216

#### Preschools in poorer areas to benefit from extra staff and free meals for children

https://www.irishtimes.com/news/education/preschools-in-poorer-areas-to-benefitfrom-extra-staff-and-free-meals-for-children-1.3694078

## Varadkar urged to focus on child poverty as

'crisis of our times' https://www.irishtimes.com/news/socialaffairs/varadkar-urged-to-focus-on-child-poverty-as-crisis-of-our-times-1.3692697

## Parents warned not to rely on schools for

**exercise** https://www.independent.ie/life/health-wellbeing/parents-warnednot-to-rely-on-schools-for-exercise-37517389.html

## 'Pushy parents need to pull back and stop shoving perfectionism down children's

throats' https://www.independent.ie/life/family/parenting/fiona-ness-pushyparents-need-to-pull-back-and-stop-shoving-perfectionism-down-childrens-throats-37510566.html

## **Dublin hosts first National Drugs Forum**

https://www.independent.ie/breaking-news/irish-news/dublin-hosts-first-nationaldrugs-forum-37517556.html

### Childhood obesity likely to rise without State intervention https://www.irishexaminer.com/breakingnews/ireland/fianna-

fail-childhood-obesity-likely-to-rise-without-state-intervention-884526.html

#### School transport review should focus on children with special educational needs

https://www.irishexaminer.com/breakingnews/ireland/school-transport-review-should-focus-on-children-with-special-educational-needs-885230.html

#### Obesity risk almost tripled for oversize babies with diabetic mothers

https://www.irishexaminer.com/breakingnews/world/obesity-risk-almost-tripled-foroversize-babies-with-diabetic-mothers-885228.html

#### Social media regulation could include deadlines for removing harmful content

https://www.irishnews.com/magazine/technology/2018/11/13/news/social-mediaregulation-could-include-deadlines-for-removing-harmful-content-1484072/

# Children on reduced timetables 'denied

education' https://www.irishtimes.com/news/social-affairs/childrenon-reduced-timetables-denied-education-1.3699181

# Apprenticeship uptake lags year behind target

https://www.independent.ie/irish-news/education/apprenticeship-uptake-lags-yearbehind-target-37534495.html

New findings add twist to screen time limit **debate** http://theconversation.com/new-findings-add-twist-to-screen-time-limitdebate-105717

Irish people 'taking too many antibiotics' http://www.irishhealth.com/article.html?id=26439



REWINDS CLOSE COMMEDITY DEVELOPMENT CED

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#### Healthy Street Programme 2018

Newpark Close Family Resource Centre is offering places on a Free 12 week programme.

Suitable for Families looking to get more active and healthy

Healthy Cooking Classes Fun physical activities for the whole family





Tuesday Mornings: 10am - 12pm and Wednesday Evenings: 6.30pm -7.30pm

Closing Date for application is 16" November

#### Families will receive







For more information or to apply for a place Contact: Newpark Close Family Resource Centre on: 056-7723309 E-Mail: perieleahy/finewparkclosefroje berbrophy/finewparkclosefroje marydonnelly/finewparkclosefro













Supported by Alcohol Forum

# Reducing Alcohol Harm:

The Power and Potential of Communities.

November 22nd 2018, Carnbeg Hotel, Dundalk

Ireland's first All Island Conference on Community Action on Alcohol.



Join the Irish Community Action on Alcohol Network and the Institute of Public Health for a full day conference with a range of international speakers and grass roots community activists.

**DETAILS TO FOLLOW...** 

For more info & to book: paula@alcoholforum.org











Additional Needs Horse Riding

At Doyle Equestrian Rathvilly

4 Weeks Starting October 24th

€10 per Lesson 5pm-6pm

Contact Teresa on sidocarlow@gmail.com 059 9170380









# **PUBLIC MEETING**

Post Natal Mental Health

Monday 19th November Seven Oaks Hotel 8pm



Susan Glancy was diagnosed with Post Natal Psychosis following the birth of her first child. She wants to share her personal story in the hope that more people will talk about post natal mental health. She hopes to set up a support group in Carlow following this public meeting

